

Two Chapter Reflections – Due July 25th and Aug 8th (2 x 15% = 30%)

This pair of assignments will have students reflect on their learning within this course. Students will write two reflections, each based on content from two lessons in this course which includes the associated mandatory readings. Within each of these reflections students will address two questions. The first question is aimed at assessing student's knowledge of lesson and reading content but can also be answered in various different ways. The second question tests student's ability to connect lesson and reading content to their own lives. These reflections will require students to be very familiar with the mandatory content posted in these lessons, so ensure you take the time to go through all the mandatory material.

Moreover, these assignments will give students some practice with university level writing which is very stringent on proper sentence structure, proper citing and referencing to sources, and proper formatting (in this case following APA 6th Edition guidelines). The course essay that comes later will require students to have a firm grasp on these aspects of academic writing. This being the case, proper grammar and proper use of APA formatting will factor greatly into your final mark of this assignment.

The Assignments

You are being asked to reflect specifically on **Lessons 2 and 4 including all associated readings**. Students will write an **800 word (about 3 page) reflection on each of these lessons**. Each of these reflections will address two questions that require much familiarity with lesson content – do not attempt writing these reflections until you have gone through the mandatory material in Lessons 2 and 4. The first question is broad and can be answered in various different ways but must draw from, and refer to, lesson and reading content. The second question requires students to apply lesson and reading content to their own lives but must also draw from and refer to this content. These reflections should be well written and coherent. **These 800 words do not include the title page and reference list.**

The **first reflection** will be for **Lesson 2: Leisure Behaviour I**, and will be **due July 25th**.

This lesson includes:

- **Lesson 2:** Leisure Behaviour I (Sakai)
- **Article:** Theoretical Developments in Leisure Studies – Webb, E. & Karlis, G. (2017)
- **Article:** Obligation as an Aspect of Leisure Experience – Stebbins, R. (2000)
- **Chapter: 8:** Leisure Lifestyles
- **Chapter 9:** Leisure Constraints

Drawing from the lesson and readings, please address the following in your reflection. Ensure that you **discuss, reference, and cite all the articles and chapters listed above in APA format** when answering these questions:

- (1) Explain how perceived freedom and obligation can be experienced in leisure activities using your own preferred leisure activities as examples.
 - (2) What constraints do you experience towards your own leisure participation? Are you able to get around these constraints and participate in your preferred activities? Why or why not?
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The **second reflection** will be for **Lesson 4: Race, Ethnicity, Culture & Leisure** and will be **due Aug 8th**.

This lesson includes:

- **Lesson 4** (Sakai)
- **Article:** Changes in Leisure Participation Patterns After Immigration – Stodolska, M. (2000)
- **Article:** Leisure, Place, and Diversity: The Experiences of Ethnic Minority Youth – Tirone S., & Pedlar, A. (2005)
- **Chapter 21:** Multicultural Perspectives

Drawing from the lesson and readings, please address the following in your reflection. Ensure that you **discuss, reference, and cite all the articles and chapters listed above in APA format** when answering these questions:

- (1) In what ways is leisure behaviour affected by one's cultural or ethnic minority status?
 - (2) How might you take into account cultural, ethnic and visible minority groups when providing leisure services?
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References and Citations

Each of your reflections will **reference all of the readings** that you will be reflecting on. That means **all four articles and chapters from Lesson 2** will be discussed and referenced in Reflection – Lesson 2 as will **all three articles and chapters from Lesson 4** in Reflection – Lesson 4. These should be properly listed on your Reference page (at the back of your reflection) following the **American Psychological Association (APA) 6th Edition Style**. <https://owl.english.purdue.edu/owl/resource/560/05/>

Look specifically for how to reference **journal articles**

<https://owl.english.purdue.edu/owl/resource/560/06/> &
<https://owl.english.purdue.edu/owl/resource/560/07/>

and how to reference a **chapter in an edited book** (the course textbook is an edited book with chapters written by various different authors)

<https://owl.english.purdue.edu/owl/resource/560/08/>

In-text citations must be used to refer to content and supporting points, in the body of your work, that have originally come from the chapters and articles – **each reflection must have citations to all of the chapters and articles from the lesson**. That means **all four articles and chapters from Lesson 2** will be discussed and cited within your text in Reflection – Lesson 2 as will **all three articles and chapters from Lesson 4** in Reflection – Lesson 4. All in-text citations must be properly formatted following APA 6th Edition Guidelines [e.g., (Webb, 2018)]. Please be knowledgeable on the difference between citing “direct quotes” and citing paraphrased statements – both instances require citations.

<https://owl.english.purdue.edu/owl/resource/560/02/> &
<https://owl.english.purdue.edu/owl/resource/560/03/>

With regards to making reference to my Lessons 2 & 4 in your reflections, you are not required to provide a citation or list my Lesson in the Reference list for this assignment. Simply make it clear in your writing that you are referring to something from my Lesson.

Format

Each reflection should have a **title page in APA format** (at the front). Please include on the title page: (1) the title of the essay (2) your name; (3) your student number; (4) your student email; (5) the date; and (6) the university. The title chosen for this assignment is not very important and can be as simple as 'Chapter Reflection'.

A **Reference list in APA format** (on its own page at the back of each reflection) will be required. **The Reference list will include all the chapters and articles assigned for each lesson. Students will also discuss and cite all of these chapters and articles in their reflection.** Don't forget to include 'References' as a section heading as per APA guidelines <https://owl.english.purdue.edu/owl/resource/560/05/>.

Students will write an **800 word (about 3 page) reflection on each of these lessons. These 800 words do not include the title page and reference list.** Reflections must be written in **Times New Roman 12 pt. font** and must be **double spaced (2.0)** throughout (including between paragraphs), no more or less. Margins must be **1 inch**.

All papers must follow the structural guidelines outlined in the **American Psychological Association (APA) 6th Edition Style** which includes guidelines for things such as cover pages, page numbers, headers, grammar (e.g., no contractions allowed in APA formatted papers), references and more. Some of this information can be found at <https://owl.english.purdue.edu/owl/resource/560/1/>. Other sources on APA 6th Edition style formatting, including the guide, can be found at the library in Schmon Tower at Brock University.

Submission Format

Each reflection must be submitted as **a single file in .docx format** (the format of most Microsoft Word documents) here on Isaak/Sakai.

DO NOT SUBMIT PAPERS IN .pdf FORMAT!

Name your Word file using the following format: **Last Name_First Name_Reflection1.docx** (e.g., Skywalker_Luke_Reflection1.docx) and **Last Name_First Name_Reflection2.docx** (e.g., Skywalker_Luke_Reflection2.docx).

Please submit your assignment in the proper listing in the **Assignments** tool on Sakai.

This course's assignments will use **Turnitin.com**, phrase-matching, anti-plagiarism software. All assignments submitted to Sakai will undergo phrase-matching automatically via Turnitin.com. Please visit the following website if you'd like to learn more about this tool.

<https://brocku.ca/pedagogical-innovation/teaching-tools/turnitin-com/>